



**Newsletter Issue 9: 7 June 2017**

**SMS Absences to: 0418 928 939**

**COMING EVENTS**

Thursday, 8 June	Pre-Primary Excursion to CREEC
Friday, 9 June	Faction Cross Country from 12:40pm
Monday, 12 June	School Board Meeting 3:15pm
Tuesday, 13 June	Bush Tucker Incursion - Ibis Block
Wednesday, 14 June	Assembly hosted by Room 8 Bush Tucker Incursion - Year 1 students.
Friday, 16 June	Spoonbill Block - SERCUL Incursion
Monday, 19 June	P&C Meeting 7:30pm
Wednesday, 21 June	Winter Carnival
Friday, 23 June	School Disco
Tuesday, 27 June	Semester 1 Student Reports to go home.
Wednesday, 28 June	NAIDOC Assembly hosted by Room 11
Friday, 30 June	Wacky Hair Day End of Term 2

**CHOIR**



Our talented students and conductor on stage at Singfest.

**ENROL FOR 2018 NOW!**  
 See page 3 for details

**FROM THE PRINCIPAL'S DESK**

Dear Parents, Carers and Community Members

**Student Reports will be sent home on Tuesday, 27<sup>th</sup> June.**

We are unable to issue reports earlier than this. If families are leaving for holidays early and wish to have reports posted, address details need to be left with Mrs Edson in the Front Office. If students are not present to receive their report, it will be kept at school and distributed in Term 3.

Parents are encouraged to take time reading the report with their child and remember to focus on positives, recognising effort. Praise is a powerful motivator. **In achieving a 'satisfactory C grade' the student has demonstrated a sound knowledge and understanding of concepts expected at that year level.** So, be realistic in your expectations of student achievement.

Please contact class teachers, if you would like to discuss reports or student progress.

**Singfest:** Last week, our Junior and Senior Choirs participated in a Primary School Choral Festival involving 20 schools from the South Metropolitan area. It was a participation event, but I concur with parents who attended that our Junior and Senior choirs were both outstanding and we unanimously voted Bannister Creek Number 1!

The high standard of our choral performances is a credit to Miss Marshall's engaging music program and of her ability to maximise the skills of our students. Congratulations to all students who participated, you are great ambassadors for Bannister Creek Primary School.

**Lapathon**

Our Lapathon showcased the effort and determination of our students. It was amazing and heart-warming to see the persistence shown by all children. I was particularly pleased to see so many of our older children taking time to support younger friends. Another highlight of the event was the increased number of parents who became active participants, lots of family members helped to raise money for our school and maintain fitness by completing as many laps as they could.

Congratulations also go to the following students for running the most laps in their year group:

- Year PP = 13 laps: Chase
- Year 1 = 15 laps: Brittanya, Mathew and Alyssa
- Year 2 = 17 laps: Callum and Samuel
- Year 3 = 17 laps: Matilda
- Year 4 = 20 laps: Ewen
- Year 5 = 20 laps: Kristian and Toby
- Year 6 = 19 laps: Matthew

It was a whole school community event that was great fun and good practise for the Faction Cross Country this Friday.

So far, we have raised **\$2489.40** which will help to complete the Early Childhood Nature Play Area and build on our school robotics resources. **All sponsorship money and forms need to be returned to school by Friday 16<sup>th</sup> June.** Prizes will be awarded to children who raise the most money at a year and school level during Room 11's assembly on Wednesday, 28<sup>th</sup> June.

Thank you everyone for supporting our school.

Kind Regards

Lyn Macauley, PRINCIPAL  
 Travis Miller, DEPUTY PRINCIPAL



## FROM THE DEPUTY PRINCIPAL'S DESK

### NATIONALLY CONSISTENT COLLECTION OF DATA FOR SCHOOL STUDENTS WITH DISABILITY

Our school is part of a national project about students with disability and/or learning difficulties.

We have been asked to provide data about the number, and learning needs, of children at our school. The name of the school and the name of the students will not be reported.

Information about the number of school students receiving an adjustment due to disability, and the level of reasonable adjustments they are receiving, will be collected. The data counts students who have been identified by the school team as defined under the *Disability Discrimination Act 1992*.

The information collected will help teachers, principals, education authorities and families to better support students with disability, to take part in school on the same basis as other students.

We believe it is important to contribute to this because it will help Governments and the Education Department develop better policies that acknowledge the level of resources needed in schools, to meet the needs of all students in Western Australia.

Please contact the school if you have further questions about the Nationally Consistent Collection of Data on School Students with Disability.

You can also visit [www.education.gov.au/nationally-consistent-collection-data-school-students-disability](http://www.education.gov.au/nationally-consistent-collection-data-school-students-disability).

An e-learning resource about the *Disability Standards for Education 2005* is freely available for the use of individuals, families and communities at <http://resource.dse.theeducationinstitute.edu.au/>

Andi Hill  
Deputy Principal

## ABORIGINAL PARENT PARTNERSHIP GROUP

The Aboriginal Parent group and children met on the 24<sup>th</sup> June 2017 for a BBQ dinner and a shared craft activity.

The children were led in making Sorry Day Flowers by Jodie Wyatt, who explained the significance of them. Sorry Day Flowers represent the 'Stolen Generation'- removal of Aboriginal and Torres Strait Islander children from their families. These flowers were then displayed in the Front Office on May 26<sup>th</sup> – National Sorry Day.

Many thanks to all who attended, children, parents and staff and a special thanks to Wayne and the parents that provided BBQ salads to share.



## FACTION CROSS COUNTRY

The 2017 Faction Cross Country will be held on **Friday 9<sup>th</sup> June**.

All students in Years 1 to 6 will run in the Cross Country event. Students will need to wear their faction shirts and appropriate running shoes. They will also need a hat and water bottle for the event.

Parents and families are very welcome to attend and cheer on our runners.

Please refer to the adjacent timetable for the schedule. The schedule reflects **approximate times only**. Each year group will commence their run as the previous group completes theirs.



Time	Year	Length
12:00pm	Early Lunch all Year 1 to Year 6 students.	
12:35pm	Students assemble on Purley Park	
12:45pm	Year 2	700m
12:55pm	Year 1	700m
1:05pm	Year 3	700m
1:20pm	Year 4	1500m
1:40pm	Year 5	1500m
2:00pm	Year 6	2000m

## COMMUNITY LINKS



The next Community Links morning will be held on:  
**Wednesday 21<sup>st</sup> June from 9:00 to 10:00am in the Egret Block.**  
We will be making Teddy Bears! Please join us for this fun activity.



## COMMUNITY LINKS - SAVE THESE DATES

Bannister Creek Primary School will be hosting **FREE** Food Sensations workshops for parents. Join us for these hands-on nutrition and cooking experiences where you will learn about a variety of nutrition topics and how to cook some easy, tasty recipes. There are 4 sessions to choose from, or do them all!

- Healthy Eating
- Meal Planning and Budgeting
- Label Reading and Food Selection
- Food Safety, Preparation and Cooking

Dates: **2 August, 16 August, 30 August and 13 September.**

Please RSVP to the Front Office on 9350 9588.



## COUNCILLOR'S CORNER

**CHARITY FUNDRAISER:** This term the Student Councillors have decided to raise money for the Australian Childhood Foundation by having a *Wacky Hair Day* on Friday 30<sup>th</sup> June! So if you would like to have weird and wonderful hair for a day, make sure you bring a gold coin donation.

**WALK TO SCHOOL DAY:** On Friday 26<sup>th</sup> May, it was 'Walk to School Day'. It was great to see so many students walk to school, in fact 60% of our students walked! The winning class, with 90% of their students walking to school was Room T4. As a reward, the students in T4 got to eat a delicious, school grown, 2kg watermelon. The students said they "loved it!" They will also get to walk down and play on the Bannister Creek Nature Playground.

**CLUBS:** This term, clubs have been going very well. Next term, the Student Councillors have decided to add a new club. We have decided to bring back the ever so popular *Bannister Creek Primary School's Got Talent*. Make sure to start planning your act if you want to enter.

**Reminder:** The Joke and Suggestion boxes are in the Library, please feel free to write down a fantastic idea or funny joke to share. Remember to write your name and room number clearly on the front. The Student Councillors love going through all your creative and sometimes funny suggestions.



Remember to always work your very best and to do everything with "100% GUSTO!!"..... Mr Stanley

Report by Sarah, Room 18

## KINDERGARTEN / PRE-PRIMARY ENROLMENTS 2018

**Children born between 1<sup>st</sup> July 2013 and 30<sup>th</sup> June 2014 are now eligible to enrol for Kindergarten 2018.**

**Children born between 1<sup>st</sup> July 2012 and 30<sup>th</sup> June 2013, are now eligible to enrol for Pre-Primary 2018.**

Applications are available from the Front Office and must be returned by the close of business **28<sup>th</sup> July 2017**. Bannister Creek Primary School is a 'Local Intake Area' school, which means that applications from families who live within the intake area will be given priority.

Applications must be accompanied by the child's:

- Birth Certificate
- ACIR immunisation records (Medicare print-out, not your child's baby book)
- 2 proof of address documents (utility accounts, rate notices, bank statements etc. Documents must show your name, address and a current date).
- Copies of Family Court or any other court orders
- Information relating to disability or medical conditions

If you or your child were not born in Australia, the following documents/information will also be required:

- Passport
- Date of entry into Australia
- Current visa grant notice
- Evidence of permanent residency
- Evidence of Australian Citizenship



If you have friends or neighbours who live in the Lynwood/Ferndale area with eligible children, please advise them that the application period is now open.

**We are also accepting enrolments for students in Years 1 to 6 in 2018 now!**

## SCHOOL AWARDS

On Wednesday 31<sup>st</sup> of May, Room 9 conducted their assembly on 'The Zones of Regulation'. 'The Zones of Regulation' is a toolbox students can use to help them recognise and regulate their emotions. It is a Whole School Approach used to care for the social and emotional health of students at BCPS. Here is what the students in Room 9 have learnt about 'The Zones of Regulation'.

'The Zones of Regulation' helps us to identify how we are feeling throughout the day. There are four zones. The Green Zone, Blue Zone, Yellow Zone and Red Zone.

- . When we are happy and ready to listen and learn, we are in the Green Zone.
- . When we are sad and tired, we are in the Blue Zone.
- . When we are worried or nervous, we are in the Yellow Zone.
- . When we are mad and yelling, we are in the Red Zone.

It is okay to have a range of feeling throughout the day. It is important for us to stay or get back into the Green Zone because this is where the best learning takes place. There are tools we can use to help us get back into the Green Zone. Some of these tools include, having a drink of water, having a break, reading a book, taking some deep breaths and doing some exercise.

### GREEN ZONE - WE'RE GOOD TO GO!!!



Congratulations to Mrs Beales and the Room 9 students for a wonderful assembly. The next assembly will be held on **Wednesday 14 June**, commencing at 8:45am sharp. It will be hosted by the students in Room 8.

**HONOUR CERTIFICATES: Excellence**, no matter what you are doing, excellence means you are giving it the best you have. Excellence is what leads to success. It takes courage to practise excellence. When you practise excellence, you can break new ground and try new things that have never been thought of before. Doing your best helps you find out who you really are. **Congratulations to the following Honour Certificate recipients from our last assembly.**

CLASS	STUDENT
Room 3	Nabila, Nati
Room 4	Eva, Hannah
Room 5	Patrick
Room 6	Rebecca
Room T3	Asher
Room 9	Teegan

CLASS	STUDENT
Room 10	Louis, Emily
Room 11	Alexander, Justin
Room T1	Sara, Shavina
Room 12	Melody
Room 13	Isla, Tahnee
Room 14	Jhye, Aimee

CLASS	STUDENT
Room 15	Jordan, Charlotte
Room T4	Rangana
Room 16	Tai, Cheng
Room 17	Toby, Jude
Room 18	Sarah

**FACTION TOKENS:** Students who follow our Code of Conduct and display outstanding social skills are awarded Faction Tokens. At each assembly, a raffle draw is conducted for fortnightly winners who receive a prize. All Faction Tokens go into an End of Term Second Chance Draw, so keep doing your best. The winners at the last assembly were: Justin, Room 11; Jaxon, Room 10; Lara, Room 16 and Connor, Room 17.



**WEEK 6 FACTION TOKEN TALLY:**

Blue 355	Gold 300	Green 301	Red 311
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## SCHOOL BOARD LEADERSHIP AWARD

The School Board Leadership Award is a new incentive to recognise students who display leadership skills e.g. using their initiative to assist other students or take on a leadership role.

The first award was presented at last week's assembly. The worthy recipient was Indie, Room 10. "For supporting other students in the school when they need a friend. You are a great buddy who includes others in games, and makes time to listen and help solve problems. Way to go!"



## THE FATHERING PROJECT

### Creating special times with the kids:

- Take each of your kids out regularly for 'Dad Dates' (no other adults or kids), e.g. go to the movies, for a walk shopping etc.
- Spend that date time just listening to them.
- Take each of your children for one-on-one trips.
- Involve them in planning the 'Dad Dates'.



[www.thefatheringproject.org](http://www.thefatheringproject.org)

## ACT-BELONG-COMMIT

### TIP: A random act of kindness each day can boost your happiness.

It's as simple as helping your brother or sister with their homework, letting someone in front of you in a queue, donating your old books to a library or holding the door for someone.

For more ideas go to [www.randomactsofkindness.org](http://www.randomactsofkindness.org)

## SCHOOL NURSE NEWS

**SCHOOL SORES:** Impetigo is an infection of the skin caused by bacteria. It will usually start with a blister or a group of blisters. The blisters will often pop, weep and form a crust. Small spots may spread outwards from the first spot, the spots are usually itchy.

If your child has Impetigo they should be checked by a doctor, the doctor may prescribe antibiotics. You should cover the sores with a watertight dressing and cut the child's nails to prevent them from scratching. Impetigo is spread very easily, so keep the child home until 24 hours after treatment has begun. Wash hands regularly to prevent spread to others. Your School Community Health Nurse is able to be contacted on 92588053.

**HAND WASHING:** Washing hands is the easiest way to protect ourselves from contagious diseases, like colds, influenza and gastroenteritis. Hands should be washed before and after eating or preparing food, after going to the toilet and after nose blowing.

When teaching your child to wash their hands:

- Use clean water and soap, making sure they cover their hands and wrists.
- Use a brush to clean under nails if they're dirty too.
- Dry their hands with something clean (like a paper towel).



Alcohol based sanitizers are useful when soap and water is not available. Use half a teaspoon of the product and encourage your child to rub their hands together until they're dry. If you can see dirt on their hands, it is better to use soap and water.

For more information go to [www.healthywa.wa.gov.au](http://www.healthywa.wa.gov.au)

## P&C NEWS

**ENTERTAINMENT BOOKS:** Don't miss out on purchasing your 2017/18 Entertainment Book. Follow the link below to order: [www.entertainmentbook.com.au/orderbooks/875b46](http://www.entertainmentbook.com.au/orderbooks/875b46)

**SCHOOL DISCO:** The School Disco will be held on Friday 23<sup>rd</sup> June, tickets will cost \$5 per child. Tickets will be on sale, outside the Library, from Thursday 15<sup>th</sup> June to Tuesday 20<sup>th</sup> June, between 8:15am & 9:15am.

Tickets can also be purchased by completing the order form that will be sent home shortly. Please return the form and money to the P&C box in the Front Office (please enclose the correct cash as change is not available. Payment cannot be made by EFTPOS). Spare forms will be available from the Front Office.

There will be popcorn, fairy floss, glow items, slushies & treats available for the children to purchase on the night.

We haven't forgotten about the parents! This year, the Dragonfly Cafe will be at school for the disco so parents can have a coffee/tea sweet treats, sausage sizzle & drinks while they are waiting.

See you at the Disco!

Alicia Brown, P&C Association President



### CANTEEN NEWS

Thankyou to all my wonderful volunteers this fortnight: Sara, Kirby, Vanessa, Ros, Jodie & Liesl. Volunteers are always needed. If you can spare a little time to help out, please come and see me at the canteen or give me a call.

If you haven't already heard from your excited children, we are now trialling Froyo2go frozen yoghurt (from the store at Carousel). We have Chocolate and Cotton Candy, \$2.50 a tub, available at lunchtimes.

During Term 3, we will be doing fortnightly lunch specials on a Monday, stay tuned for what will be available in the new exciting BC Buzz Bar menu.

Thankyou for all your support

Georgina Burrowes, Canteen Manager

## ROOM 10 & T1 WHITEMAN PARK EXCURSION RECOUNTS

### Whiteman Park Excursion by Daniel, Room 10

On Wednesday the 24<sup>th</sup> of May 2017, Room 10 and Room T1 got to go to Whiteman Park. It is very close to Caversham Wildlife Park. Whiteman Park was Lew Whiteman's park but then he died and handed it on to the Council so everyone could explore it.

Firstly, we went to get on to the bus but it was late so we had to wait. Once we got on the bus, I got to sit at the back because I was the first one to get in the bus. It took a long time to get there because it took about 45 minutes. When we all got on the bus, I sat next to Jaxon. When we got there, we sat in a shelter called E1 and ate our recess Crunch and Sip.

Then we started walking over to the tractor museum but we looked at other vehicles along the way. When we got to the tractor museum there were loads of tractors there. A man called Jim gave us a clue of how old the first tractor was and it was 97 years old! When we were going to go out, Jim started a tractor for us! It was very loud and there was smoke coming out of its chimney.

After that, we went to the playground. It was very big. Then we went to a train. We had to walk through the bush because we went the wrong way. When we were on the train, we saw a lot of kangaroos. I sat with my group. After we got off, we went to E1 to eat our lunch.

Next, we went to the transport museum. We saw cars, buses, trams, trains and other vehicles. Then we went back to the bus to school. I hope we go back another day.



### A Fun Day at Whiteman Park! by Matilda, Room T1

On the 24<sup>th</sup> of May, Room 10 and T1 went to Whiteman Park. We went to Whiteman Park to see how land transport has changed from the past.

We went to the Transport Museum at first and watched a movie called, 'Are We There Yet?' Then we got on a bus that children went on to get to school in the past. Then we compared the olden day bus to the modern day bus.

We then explored the 1947 bus by hopping in it and having a ticket that the people in the olden days used to have to get on the bus. Then we did a quiz and had to find all of the pictures.

Next, we went to the Tractor Museum to look at all of the tractors that have been made by the olden day people. We met Jim, and he started up a tractor for us. Then we went on a train ride and saw lots of kangaroos. We all went in separate seats in rows with our groups in one carriage.

I really enjoyed going to Whiteman Park and want to go there again.



### The Day We Went to Whiteman Park by Rebecca, Room T1

On the 24<sup>th</sup> of May my class, Miss Taylor's class and I went to Whiteman Park. We went on a bus. We went to learn how transportation has changed.

At first we went to the Transport Museum. We watched a movie and learnt about how land transport has changed. After that we compared a 1947 bus to a modern day bus. We were allowed to go on it. Wilbert was chosen to be the Bus Conductor and we had to either have a daily ticket, monthly ticket or yearly ticket. Some of us were chosen to have parcels. I was chosen! Then we had to do a quiz and we had to go into trams and all different places to get the answers. Then we had free time to explore the museum.

After that we went to the Tractor Museum. We made a donation in a box that made a sound when you put money in it. After we made a donation, we met our guide, his name was Jim. He showed us tractors that were in time order. He explained how they were used. In another aisle, there were different sheep shearers. At the end of the sheep shearer's aisle, there was an olden day home. All of the things they used are different, but the structure of the house is the same. When we were about to leave he started up a tractor. It was very loud and the smoke that came out was very smelly.

After the Tractor Museum, we had a train ride. When we got there, the instructor named Darren told us all the rules and that the train driver would put his hand out if he saw a kangaroo. The ride was very long and I was sitting next to my best friend Matilda. My Dad was the leader of my group. When we got out we went back and had a class photo. After that we got on the bus to go back to school.



## ROOM 10 & T1 WHITEMAN PARK EXCURSION RECOUNTS

### T1 Went to Whiteman Park 2017 by Danica, Room T1

On Wednesday, 24<sup>th</sup> of May, T1 and Room 10 went to Whiteman Park. First we went to the Transport Museum. My group explored the old Holden car. We also looked at the horse wagon.

Second we went to the Tractor Museum and looked at all the tractors. I saw how big the tractors were. I think we are going to do a quiz about it.

Third we all went on the train. I stayed close to my mum. I saw 9 kangaroos.

Finally all of us went back to school and we played a game before home time.



### Whiteman Park by Graydon, Room T1

On the 24<sup>th</sup> of May on Wednesday, T1 and Room 10 went to Whiteman Park to discover the past.



First we went to the Transport Museum to watch a movie called, 'Are We There Yet?' We split up in groups, my group was called – The Dream Team! The people in my group were my Mum, Wilbert, Samin, Emma, Sara and myself.

Next we went to the Tractor Museum! We saw Jim. Jim was the owner of all the tractors. We looked around the museum.

Finally, we all went on a train. We saw a cow, a duck and seven kangaroos. It was very, very, very, very fun! Including lunch, recess, morning tea and play, my favourite thing was the train because I saw kangaroos and a cow and a duck.

## HELPING HANDS NEWS

### End of Term is near and YES.....We are open for Vacation Care and the Pupil Free day!!!

Keep an eye on the Schoolbag App and our notice boards for our upcoming Vacation Care Program.

Children from Kindy to Year 6 can come and enjoy activities, as every day is a fun day!! Incursions, Excursions and In-House Activities to keep everyone entertained throughout the day!

If you have any questions please call Natalie on 0475 822 630 or [bannistercreek@helpinghandsnetwork.com.au](mailto:bannistercreek@helpinghandsnetwork.com.au)

Natalie Ross-Garner

Coordinator, Helping Hands Bannister Creek



## SCHOOL HOLIDAY FUN

If you are looking for a fun, new, exciting and educational full-day activity for your kids this Winter school holidays, then why not join us for the very FIRST 'Funarium' ever!

Held from July 7-9 at the Claremont Showgrounds, kids aged 4-12 will experience a whole day of fun taking part in over 40 activities in 10 themed zones! Take a ride on a zip line, party in the silent disco, cook with My Kitchen Rules teams, play with furry, slimy and scaly critters, learn about cosmic science, play with retro game consoles, make animal masks and MUCH more!

More information and tickets are available at [www.thefunarium.com.au](http://www.thefunarium.com.au) or [www.facebook.com/thefunariumperth](http://www.facebook.com/thefunariumperth).



## DARLING RANGE SPORTS COLLEGE

**High Performance Sports Programs:** Trials for 2018 programs in AFL, Athletics, Baseball, Basketball, Netball, Soccer and Swimming will be held on the following dates at the Darling Range Sports College, 117 Berkshire Road, Forrestfield.

Thursday 15<sup>th</sup> June: Netball/Swimming/AFL/Athletics/Baseball/Soccer

Friday 16<sup>th</sup> June: Basketball

An information brochure is available from the BCPS Front Office or refer to the Darling Range Sports College website: <http://darlingrangesc.wa.edu.au> or call to discuss with the Sports Academy Enrolments Officer Lesley on 94530131.

## POSITIVE THINKING SKILLS FOR CHILDREN

Looking to encourage positive thinking in your child? We offer a group program that assists children aged 8 to 9 years to identify their feelings and thoughts. Children learn strategies to cope with fears and think rationally about situations. These skills enable children to be resilient and feel good about themselves. Sessions run for one hour after school and are led by Masters of Professional Psychology students under the supervision of leading clinical psychologists. An individual assessment is conducted prior to the course. Other Aussie Optimism programs available include Feelings and Friend and Social Life Skills.

Register now by calling 9266 1717 or email a referral form to [curtinclinics404@curtin.edu.au](mailto:curtinclinics404@curtin.edu.au)

## COMMUNITY NEWS

**FOREST LAKES/THORNLIE FAMILY CENTRE:** Open Day 10<sup>th</sup> June 2017 from 2pm to 4pm, 39 Town Centre Drive Thornlie. We are a local community service providing many activities for families and children. Would you like to know more? Come along to our Open Day, we will have free activities such as a bouncy castle and face painter. Our friendly staff will be on hand to talk you through our programs and we will be taking enrolments for our 3s Plus Kindy and Discovery Club on the day. Everyone is welcome! For more information, please call 9493 3122 or email [info@familycentre.com.au](mailto:info@familycentre.com.au) or find us on Facebook.

**ESL ENGLISH FLYING START:** Is English your second language or maybe you have family or friends who would like to improve their English skills. Sign up for ESL classes that are designed to help with both spoken and written English for everyday situations and future study. Please phone and speak to a Canning College student advisor on 9351 5600 for further details and costs or check the website [www.canningcollege.wa.edu.au](http://www.canningcollege.wa.edu.au)

**AUSTRALIAN GIRLS CHOIR - JUNE OPEN CLASSES:** Look no further than the Australian Girls Choir (AGC) because we encourage, challenge and inspire girls as they learn to sing, dance and perform. School aged girls are invited to try our fun and inclusive classes and learn more about being part of the AGC! Contact us if you would like to attend a free trial class in June. Phone 1800 338 142 or email [perth@aspagroup.com.au](mailto:perth@aspagroup.com.au)

## FREE BUDGETING COURSE

Australia's largest debt counselling charity, Christians Against Poverty (CAP), are running their free budgeting course 'CAP Money' at St Augustine's church in Lynwood on Saturday 1<sup>st</sup> July 2017 starting at 2:00PM.

The CAP Money Course is a revolutionary money management course that teaches people budgeting skills and a simple, cash-based system that really works. This course will help anyone to get more in control of their finances, so they can budget, save and prevent overwhelming debt.

For more information about the CAP Money Course, please visit our website [capmoneycourse.org.au](http://capmoneycourse.org.au). To register for St Augustine's church CAP Money Course, call 08 9458 8648 or email [info@lynwood.perth.anglican.org](mailto:info@lynwood.perth.anglican.org)



## OUR LAPATHON RUNNERS - JOB WELL DONE EVERYONE!



## FREE Introductory Lesson!

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martial arts & fitness centres

**Self Discipline  
Self Confidence  
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Register now for a **FREE** beginner's Introductory Lesson  
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[www.cobramartialarts.com.au](http://www.cobramartialarts.com.au)

